

## Day Spa Packages at The Landmark Spa and Health Club

We provide a full range of exceptional treatments, massage and body care therapies include full-body, neck and shoulder relief, hot stone, deep tissue and reflexology. Firm and tone your entire body with the intensive natural elements in our skincare aromatherapies, whilst the relaxation room envelops you in deep rejuvenation as you fully absorb the healing energy of your treatments.

### Soothe

Includes the following:

- 1 Hour ESPA treatment of your choice\*
- A light lunch in The Spa with a choice of Bento Boxes
- Full use of Spa and Health Club Facilities
- An ESPA gift pack to take home

Priced at £125 per person

\* Body envelopments subject to a £10 surcharge

### Nourish

Includes the following:

- 1 Hour ESPA massage/facial of your choice
- 1 Hour ESPA 'Body Envelopment' massage of your choice
- Full use of Spa and Health Club facilities
- An ESPA gift box to take home



- A light lunch in The Spa with a choice of Bento Boxes

Priced at £195 per person

### Indulge

Includes the following:

- Smoothie on Arrival
- 30 minute ESPA Spearmint Body Exfoliation
- 75 minute ESPA Aromatherapy Massage
- A 2-course Lunch in The Winter Garden Restaurant
- 75 minute ESPA Deluxe Facial & Firming Eye Treatment
- Full use of Health Club Facilities
- ESPA Deluxe Gift Box



Priced at £295 per person

\* For the ultimate spa day we can organise chauffeur transfers or include a Landmark bathrobe for you to take home, please contact us for prices

### Revive – especially for expecting mothers

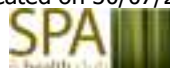
Includes the following:

- 90min ESPA Prenatal Treatment
- A light lunch in The Spa with a choice of Bento Boxes
- Full use of Spa and Health Club Facilities
- ESPA Pink Hair & Scalp Mud

Priced at £160 per person

Landmark Spa | [www.landmarkspa.com](http://www.landmarkspa.com) | 222 Marylebone Road | London NW1 6JQ | Tel: +44 (0)20 7631 8000

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sTreatment prices include 17.5% V.A.T. Gratuities are at the client's discretion. Treatment times are inclusive of consultation and room preparation.

**Day packages cancellation policy**

Guests will be charged in FULL unless notice of cancellation is received at least twenty-four hours before the booking time. For Reservations call +44 (0)207 631 8010.

**Opening Times**

Monday-Friday 6.30am-10.00pm  
Saturday - Sunday 7.00am-9.00pm

